

Bladder Diary	Name
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To provide your doctor with a full picture of symptoms, it is helpful for you complete a bladder diary for at least 2 days. Please complete this as accurately as possible.

Day 1	Date
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Time	Drinks (type and amount)	Amount of urine passed in ml	Desire to urinate?	Leakage? Y or N

Day 2	Date
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Time	Drinks (type and amount)	Amount of urine passed in ml	Desire to urinate?	Leakage? Y or N